

Monday: 22/02/08

1 Corinthians 6:12

*"I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but I will not be mastered by anything."*

Reflection: As the saying goes, the more things change the more they stay the same. People want to do their own thing.

Application: In today's crazy mixed world people can easily become fixated or addicted to a wide range of this. Things can be so subtle that it can be difficult to tell what we are addicted to.

Challenge: Take time to list the things you enjoy doing. Make a second list of these things that would upset you if you couldn't do them. Then think about the fine line between enjoyment and compulsion.

Lord, shape my will to your will in all things.

Tuesday: 23/02/09

Matthew 6:21

*"For where your treasure is, there your heart will be also."*

Reflection: The verse is straightforward. When it was first shared it applied to people who were no different to us today. They lived and struggled just to survive. While seeking things that made them feel better.

Application: We too focus on the things that matter most to us. Whether it's family, career, lifestyle, status or finances. We will put energy into the things that matter most while neglecting other things. Our faith can easily be impacted.

Challenge: Can you think of something that is a distracting you from your faith and your spiritual walk with the Lord?

Lord, may I store my treasure in your blessings.

Wednesday: 24/02/10

1 John 4:12

*"No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us."*

Reflection: We have a mighty invisible but felt and experienced God. Both the Old and New Testament teach us of this. The Gospels continue to teach us that our faith will show the love of God within us.

Application: How easy it is though to let our petty anger and hatred towards someone kill the light of God's love within our heart. When we talk brazenly about someone in the news that we deem to be rude and disgusting we can tend to let the shadow of hate cloud the light of love.

Challenge: Before saying something negative about another person: stop and ask; what would Jesus say?

Lord, shape my words to reflect your love.

Thursday: 25/02/11

1 Timothy 4:8

*"For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come."*

Reflection: In biblical times there were athletes and celebrities. People who worked hard to achieve a physically beautiful and powerful body. Not much has changed really. There are those who still pursue the balance of these things.

Application: Christians come in every shape and size. They tend to work hard to achieve a range of talents and abilities. I know that I work hard to be a good cook. Yet I keep in mind the higher goal of staying in touch with my Saviour.

Challenge: Be sure to set aside a time to pray.

Lord, as I train my body may I also train my soul.

Friday: 26/02/12

Philippians 3:20

*"But our citizenship is in heaven. And we eagerly await a Saviour from there, the Lord Jesus Christ."*

Reflection: We are told and acknowledge that we are just visitors here on earth. We have an eternal home in Heaven. Where we can abide with God our Creator and Jesus our Saviour.

Application: Knowing this gives us the healthy distancing from many of the cares that the world struggles with. While the world fights to hold on to transitory things on earth; we look forward to many eternal joys awaiting us.

Challenge: Purchase a small wooden box. Big enough to hold your Bible and a letter to left for loved. A road map to follow you to heaven.

Lord, I long for my arrival to be with you.

Saturday: 27/02/13

Mark 16:15

*"He said to them, "Go into all the world and preach the gospel to all creation."*

Reflection: This is the last and the most important instruction that Jesus gives his followers. They are to travelling and share the Gospel message to all the world. To be a light unto the world they will need to reach the world.

Application: We are also lights of the Gospel of God's divine Grace through Jesus the Christ. We are also called to go to the world. This will be the world we live in. Sharing our faith.

Challenge: take time to make a list of people you meet and talk to each day. Now mark the names of those you have mentioned Jesus too. Who do you still need to talk to?

Lord, may every day be a day to share the truth.

# *Breathe*

*acrostic*



Beautiful as a lovers gentle sigh.  
Rhythmic as a child's sleeping breath.  
Each small motion of air moves the heart.  
A message of life that is spoken at birth.  
This is a music sacred and divinely created.  
Heaven listens intently for it's creation.  
Every time you breathe a silent prayer.

MJ Flack



*Our Church Website*

<http://bowenfelspresbyterianparish.org.au>



*Affiliate Website*

*Benediction*

<http://benediction.org.au>

# Six days to Sunday



## Stepping Stones

## of Faith

## 22 02 21

*We believe in the Bible over all of life  
and that Salvation is: In Christ alone,  
by Grace alone, through Faith alone.*